MEMORANDUM

DATE:      January 25, 2010

TO:        Board of Supervisors

FROM:      Lew C. Bauman  
            County Administrative Officer

SUBJECT:   County Administrative Officer’s Weekly Report for January 25, 2010

This is the weekly report by the County Administrative Officer to the Board of Supervisors. This report provides information on issues affecting the County and the progress of County activities.

Health

Pandemic (H1N1) 2009 Influenza “Swine Flu” Vaccination Clinics for County of Monterey Employees. The following clinics are available to all County of Monterey employees: January 26, 2010, 2:30-4:30 p.m., Department of Social and Employment Services at the Quadrangle, 1000 S. Main St., Room 110, Salinas, CA 93901, and January 27, 2010, 1-2 p.m., Marina Library, 190 Seaside Circle, Community Room, Marina, CA 93933.

For South Monterey County employees: To receive the H1N1 vaccine at VNA’s office in King City, please call 831-372-6668 and ask for Andrea to schedule an appointment.

Vaccine will be available for free on a first-come, first-serve basis. Any questions, please call Dana Solis at 831-755-5121.

RMA – Public Works

During the recent storms in Monterey County, the Public Works Department used a team approach to keep motorists and the community up-to-date on the status of road conditions around the County. Crews in the field relayed the latest road conditions which were posted on the department’s website and the County homepage.
From January 19th to the 26th, road conditions were updated continuously and email alerts were sent out often twice a day to inform and safeguard drivers in Monterey County.

Social & Employment Services

The Monterey County Area Agency on Aging (AAA) is pleased to announce new, renewed and strengthened relationships with each of the area hospitals. Social workers and discharge nurses at Mee Memorial, NMC, SVMH and CHOMP are all now members of the Aging Services Network. The Network meets quarterly and links through email regularly to ensure all service providers are connected to address the needs of seniors throughout the County.

Because of these renewed relationships, the AAA learned of an effort by Mee Memorial Hospital to create a community response to the obesity and diabetes epidemic. The AAA is working to help promote this effort, especially amongst senior service providers and community members to increase awareness of the links between Obesity and Diabetes to Alzheimer’s; especially in the African American and Latino Cultures. A community forum will be held at the Geonne Conference Room at Mee Memorial Hospital on January 27th from 4-6 p.m.

The AAA is also very excited about the success of our efforts to increase activities at senior meal sites. Our new Registered Dietician, Veronica Alvarez, recently began holding Health and Nutrition Workshops in Spanish and English at dining sites throughout the County.

Her most recent workshops, Salt Substitutes & Quick Healthy Meals and Protecting Yourself from the Flu, were very popular. For the Salt Substitutes workshop, Veronica contacted the Mrs. Dash Company and received free full-size samples for all of the meal participants. Veronica demonstrated how to use the product in the workshop and sent the participant’s home with samples and recipes to create healthy meals at home. The AAA will now focus efforts on promoting the upcoming workshops—Calcium Connection & Health Myth Busters: Nutrition & Exercise. It is our hope that these events will increase awareness of the FREE senior lunches for those 60+ available throughout the County and will improve senior health and nutrition.

This concludes the CAO Weekly Report.